



MARCH 2026: Pre-K - 8 Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|
| 2 | 3 | 4 | 5 | 6 |
| French Bread Pizza (V) Corn, Peas, Carrots (VE) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V) | <i>Plastic Free Lunch Day</i> Fajita Black Bean Burger (VE) Fajita Chicken Burger Fresh Broccoli (VE) with Ranch Dressing (V) <i>Salad Bar</i> Plastic Free Bar | Chickpea Shawarma (VE) Naan Bread (VE) Mediterranean Melt (V) Herb Roasted Cauliflower (VE) <i>Salad Bar</i> Mediterranean Bar with Cherry Tomatoes (VE) | <i>Caribbean Style Beef Patty</i> Fish & Cheese Sandwich Pineapple Salsa (VE) Kelewele Style Plantains (VE) <i>Salad Bar</i> Rainbow Bar | "Stir-Fry" Chicken with Peppers Veggie Ginger Soy Rice (VE) Ginger Carrots (V) Garlicky Green Beans (VE) <i>Salad Bar</i> Zen & Zest Bar |
| 9 | 10 | 11 | 12 | 13 |
| Hot Honey Pizza (V) Pizza Slice (V) Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Pizza Bar | Falafel (VE) With Tzatziki (V) Greek Lemon Chicken Pita With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE) <i>Salad Bar</i> Mediterranean Bar | Chicken Tenders With Teriyaki Dipper Sesame Noodles (VE) Katsu Broccoli (VE) <i>Salad Bar</i> Zen & Zest Bar | Rustic White Bean and Pasta Primavera (VE) Mozzarella Sticks (V) with Herbed Marinara Roasted Zucchini and Tomatoes (VE) <i>Salad Bar</i> Leafy Green Bar | Veggie Nuggets (VE) with Peach BBQ Dipper (VE) Peach BBQ Chicken Thigh Buttermilk Biscuit (V) Baked Beans (VE) Classic Coleslaw (V) <i>Salad Bar</i> Rainbow Bar |
| 16 | 17 | 18 | 19 | 20 |
| Personal Pizza (V) Creamy Lima Beans (V) <i>Salad Bar</i> Pizza Bar | Taco Spiced Veggie Nuggets (VE) Taco Spiced Chicken Bites Fiesta Vegetable Rice (VE) Zesty Corn (VE) <i>Salad Bar</i> Fiesta Bar | Veggie Parmigiana Sandwich (V) on Ciabatta Crispy Chicken Parmigiana Sandwich on Ciabatta Lemon & Chive Peas (VE) <i>Salad Bar</i> Classic Toppings Bar | Golden Chicken Thigh Naan Bread (VE) Saag Spinach (VE) Honey Diced Sweet Potatoes (V) <i>Salad Bar</i> Eastern Harvest Bar with Chickpea & Pimento Salad (VE) | Three Bean Chili (VE) Mac & Cheese (V) Baked Tortillas (VE) Southwest Burrito (V) Adobo Green Beans (VE) <i>Salad Bar</i> Rainbow Bar |
| 23 | 24 | 25 | 26 | 27 |
| French Bread Pizza (V) Corn, Peas, Carrots (VE) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V) | <i>Plastic Free Lunch Day</i> Fajita Black Bean Burger (VE) Fajita Chicken Burger Fresh Broccoli (VE) with Ranch Dressing (V) <i>Salad Bar</i> Plastic Free Bar | Chickpea Shawarma (VE) Naan Bread (VE) Mediterranean Melt (V) Herb Roasted Cauliflower (VE) <i>Salad Bar</i> Mediterranean Bar with Cherry Tomatoes (VE) | <i>Caribbean Style Beef Patty</i> Fish & Cheese Sandwich Pineapple Salsa (VE) Kelewele Style Plantains (VE) <i>Salad Bar</i> Rainbow Bar | "Stir-Fry" Chicken with Peppers Veggie Ginger Soy Rice (VE) Ginger Carrots (V) Garlicky Green Beans (VE) <i>Salad Bar</i> Zen & Zest Bar |
| 30 | 31 | | | |
| Hot Honey Pizza (V) Pizza Slice (V) Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Pizza Bar | Falafel (VE) With Tzatziki (V) Greek Lemon Chicken Pita With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE) <i>Salad Bar</i> Mediterranean Bar | | | WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN. |

| DAILY OFFERINGS | | | | |
|--|--|--|---|--|
| Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) | Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap | Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap | Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich | Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Rainbow Wrap (VE) |

On designated Plant-Powered Menu days; meat-based products will not be offered.

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|---|---|--|---|---|
| Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request | Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE) | OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone | Pre-K – 8 with CEE Service Tuesday - Friday Options • Chicken Breaded Bite • Grab & Go Salad • Chicken Tender Wrap | OFNS has an extensive Prohibitive Ingredients List available at:  |
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.